



Shahid Beheshti University of Medical Sciences School of Nursing and Midwifery Education Development Office	Document ID
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Information about the course
Department: community health nursing Name of Course: family health nursing Type and number of credits: theoretical (2 units)+ practical (1 unit) Pre-requirement/co-requirement: Nursing theories and models of community health and their application, education to the individual, family, and society, promoting health and healthy lifestyle, culture, and nursing Course and level of study: master Class day and time: Saturday 13-15

The information of the person in charge of the course	Information of associate professors
Name of the person responsible for the course: sahar Daabaghi Science ranking: Major: Workplace: school of nursing and midwifery Phone Call: E-mail: Sahar.dabbagh@gmail.com	Collaborating Lecturers: fateme pashai sabet Meeting time and place: Phone Call: E-mail of Professors:
The date of the last revision of the lesson plan: 2022-12-22	



Lesson Description

Main Goal:

Acquiring the skills of examining and analyzing health issues and problems of families in order to improve and improve family health behaviors.

Specific Goals: (expected competencies)

After the end of the course, the learner is expected to be able to:

- An overview of the concept of family, types of family and stages of family evolution
- An overview of the structure, role, power, value and communication models in the family
- An overview of the concept of family health and healthy family
- Family nurse approaches
- Family functioning
- Characteristics of Iranian families
- Islam's view of the family
- Family formation and cultural aspects affecting it
- Problems and challenges of families in the contemporary era
- Theoretical frameworks of family nursing
- The role and duties of community health nursing in the family
- Nursing process in the family and home visit principles
- Health and disease in women and men
- Puberty health (observing moral, religious and legal considerations)
- Health during pregnancy, delivery and after
- Proper spacing between children
- Facing infertility
- Preparation for menopause (menopause and andropause)
- Family and chronic diseases (providing special care to special patients and emphasizing self-care)
- Family and the elderly
- Family and end-of-life palliative care
- Crisis in the family and methods of coping with it
- Family and divorce crisis
- Family and disasters
- Factors threatening the health of family members



Educational Approach

<p>Virtual class</p> <p>Related teaching-learning method</p> <p>Simultaneous online class <input type="checkbox"/> non-simultaneous online class <input type="checkbox"/> inverted class <input type="checkbox"/> <input type="checkbox"/> simulation methods <input type="checkbox"/> gamification <input type="checkbox"/> <input type="checkbox"/> discussion forums</p> <p>Other</p>
<p>In-person class</p> <p>Related teaching-learning methods:</p> <p>Lecture <input type="checkbox"/> small group discussion <input type="checkbox"/> question and answer <input type="checkbox"/> solution-based learning <input type="checkbox"/> problem-based learning <input type="checkbox"/> scenario-based learning, project presentation <input type="checkbox"/></p> <p>Other (name):</p>
<p>Hybrid</p> <p>Please name the method use from all face-to-face and virtual methods:</p>

Tentative Lesson Plan

Session Number	Date	Topic	Teaching-learning method	Lecturer
1	۱۴۰۱/۶/۱۹	The concept of family, types of family, and stages of family evolution	Speech, group discussion, question and answer	Dr. dabaghi
2	۱۴۰۱/۷/۲	Structure, role, power, value, and communication models in the family	Speech, group discussion, question and answer	Dr. dabaghi
3	۱۴۰۱/۷/۹	The concept of family health and healthy family	Speech, group discussion, question and answer	Dr. dabaghi
4	۱۴۰۱/۷/۱۶	Family nurse approaches	Speech, group discussion, question and answer	Dr. dabaghi
5	۱۴۰۱/۷/۲۳	Characteristics of Iranian families	Speech, group discussion, question and answer	Dr. dabaghi
6	۱۴۰۱/۸/۷	Islam's view of the family	Speech, group discussion, question and answer	Dr. dabaghi



7	۱۴۰۱/۸/۱۴	Family formation and cultural aspects affecting it	Speech, group discussion, question and answer	Dr. dabaghi
8	۱۴۰۱/۸/۲۱	Problems and challenges of families in the contemporary era	Speech, group discussion, question and answer	Dr. dabaghi
9	۱۴۰۱/۸/۲۸	Theoretical frameworks of family nursing	Speech, group discussion, question and answer	Dr. Pashai
10	۱۴۰۱/۹/۵	The role and duties of community health nursing in the family	Speech, group discussion, question and answer	Dr. Pashai
11	۱۴۰۱/۹/۱۲	Nursing process in the family and home visit principles	Speech, group discussion, question and answer	Dr. Pashai
12	۱۴۰۱/۹/۱۹	Health and disease in women and men	Speech, group discussion, question and answer	Dr. Pashai
13	۱۴۰۱/۹/۲۶	Health during puberty, pregnancy, childbirth and after	Speech, group discussion, question and answer	Dr. Pashai
14	۱۴۰۱/۱۰/۳	Proper spacing between children	Speech, group discussion, question and answer	Dr. Pashai
15	۱۴۰۱/۱۰/۱۰	Facing infertility	Speech, group discussion, question and answer	Dr. Pashai
16	۱۴۰۱/۱۰/۱۷	Preparation for menopause (menopause and andropause)	Speech, group discussion, question and answer	Dr. Pashai



Student Expectations/Course Rules

- Active physical presence
- Participate in questions and answers
- Project presentation on time

Evaluation Method

Formative assessment:

Summative assessment:

No.	Evaluation method	The contribution of the method to the student's final grade
1	Active physical presence	1
2	midterm exam	3
3	Final exam	16

Lesson Resources:(last edition)

A. Books

- Allender, J. A. Spradley, B. W. Community Health Nursing: Promoting and Protecting the Public's Health. Lippincott Williams & Wilkins
- Maurer, F. A. Smith, C. M. Community/public health nursing practice: health for families and populations, Saunders Co
- Friedman, M.M., Bowden, V.R. and Jones, E.G. Family Nursing: Research, Theory, & Practice, New Jersey: Pearson Education Inc
- Wright, L. M. Leahy, M. Nurses and families: a Guide to family assessment and intervention, Philadelphia: F.A. Davis Co

B. Article

- **Authentic research books and magazines and other authentic specialized sites in this field**

C. E-learning materials

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